

Rotary



District 7305

The Connector - January 2023



IMAGINE ROTARY

New Year's Resolutions

As we ring in the New Year, most of us have great intentions of what we are going to do the next year to make a difference in ourselves, within our families, in our communities, and throughout the world.

As a District and People of Action, let's make resolutions together:

- Let's continue to strengthen our Clubs and grow our Membership. Not sure how? Join the District at our Membership Summit on February 11th at the Loft in Southpointe.
- Let's pledge to engage our Youth and support students to attend RYLA (Rotary Youth Leadership Awards). Once again, we will have two tracks of RYLA in 2023. RYLA at LaRoche College will take place June 17th thru the 23rd. RYLA at Outdoor Odyssey will take place June 25th to June 30th.
- Let's tell our Rotary Story. Each and every one of us has our very own Rotary story. How and to whom we tell it, makes all the difference. Share Your Story! Update your website. Post on your Facebook page. Wear your Rotary pin. Invite others to your service projects.
- Let's Celebrate Rotary! District Conference 2023 will be the perfect place. June 23rd thru the 25th at Sheraton Station Square in Pittsburgh. Together we will learn more about Rotary and all the good that Rotary does in our district and throughout the world.



District Governor Marie Fallon and Past District Governor Tom Fallon are saying "Cheers" to a great new Rotary year 2023!

- Let's schedule a visit to your Club from The Rotary Foundation Committee of D7305 to talk about all the good that is being done, and can be done, through donations and endowments.

You are People of Purpose, People of Influence and People of Action. Together, Let's imagine a world that deserves our best where we get up each day knowing that we can make a difference.

Let's do this together!
Happy New Year!

District 7305

IMPACT REPORT from 11/15/2022 to 12/5/2022

Carbon Dioxide (CO₂):
9,600 Pounds Displaced

Water (H₂O):
722,240 Gallons Saved

Landfill:
320 pairs Displaced from Landfills
27 bags

The gotsneakers recycling program is having a direct impact on our environment. It is also helping our Rotary district pay for several of the different youth programs that we sponsor.

Used Sneakers Impact Report

Whether cleaning out closets, collecting at the voting polls, or at club meetings, you have made an impact by participating in the "gotsneakers" recycling program. Since last month, another 27 bags of well used sneakers have been collected throughout the district. In all, that brings the to-date total to 111 bags.

In addition to keeping old sneakers out of landfills, our district receives \$7 for each recycled sneaker. If each of the 111 bags we have collected to date contained 15 sneakers, that's a total of \$11,655 to support our district's youth programs!

If you still have bags that are filled (each bag can fit roughly 15 to 17 pairs of sneakers), please drop them off at any FEDEX or KINKO's location.

If you need additional bags, or if you have taken too many bags and would like to return them, please let Marie Fallon know and she will make arrangements. Please email her at: mariefallon.rotary@gmail.com

Many thanks for supporting our Rotary district's youth programming while simultaneously helping to protect the environment!

Quote of the Month:

"To appreciate the beauty of a snowflake it is necessary to stand out in the cold."

Aristotle

VOCATIONAL SERVICE MONTH

"Where your talents and the needs of the world cross there lies your vocation"

ARISTOTLE

JANUARY



Rotary and the Rose Parade

In 1890, Valley Hunt Club members, led by Charles Frederick Holder, sponsored the first Tournament of Roses. The abundance of flowers, even in the midst of winter, prompted the club to add a parade before the competition, where entrants would decorate carriages with hundreds of colorful blooms.

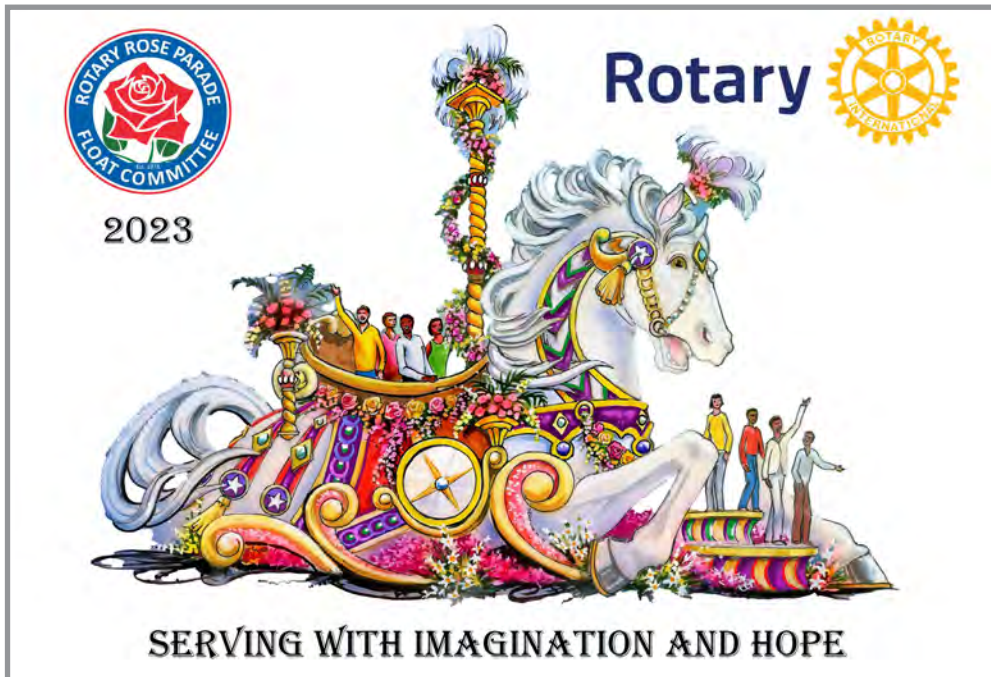
More than a century later, the parade floats are a marvel of state of the art technology, all tucked away beneath flowers and other all-natural materials. Every New Year, visitors experience the beauty of the floral floats along with spirited marching bands and high-stepping equestrian units along the 5.5 mile route down Colorado Boulevard.

While watching the 1979 Pasadena Rose Parade on Television, Jack Gilbert, who was President of the Wilshire Rotary Club, in Los Angeles, California, and subsequently chairman of the Rotary Rose Parade Float Committee, had an idea. Rotary would be celebrating its 75th Anniversary in 1980. Jack believed that by entering a float in the 1980 New Year's Day Rose Parade, Rotary could communicate its message, "Service Above Self" to millions of people worldwide.



Jack shared his vision with other Rotarians, who supported the idea. Seven Governors in Southern California agreed to underwrite the cost of the float and make up any shortfall not covered by Club contributions. Fortunately, the Clubs contributed \$35,000 which covered the full cost of the original float.

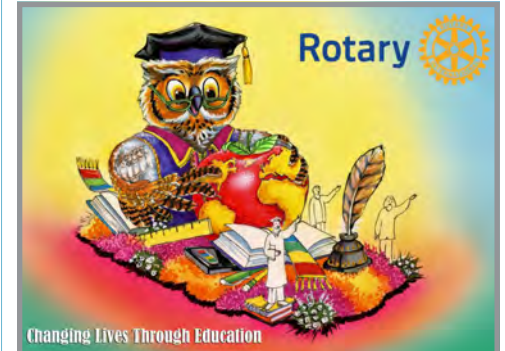
This first Tournament of Roses experience led to the formation of the Rotary Rose Parade Float Committee which now receives contributions each year from approximately eight Rotary Districts and an additional 700 Individual Rotary Clubs to fund the float. The Committee has entered a float every year since 1980.



Although most people think of the Rose Parade as a New Year's Day tradition, it is occasionally held on Jan. 2. Back in 1893, New Year's Day fell on a Sunday. At the time, parade organizers felt that holding the parade on Sunday would disrupt services at local churches, according to the Vallejo Times-Herald (They also worried that the parade would spook horses tied up outside of houses of worship.). They pushed the parade to Jan. 2. Delaying the parade by a day whenever New Year's Day falls on a Sunday is a tradition that's continued ever since. So, because Jan. 1, 2023, is a Sunday, the 134th Rose Parade will take place on Monday, Jan. 2. Be sure to tune in to NBC at 11 AM to see the real life Rotary Float.

Previous Rotary Floats

2022: Changing Lives Through Education; 2021: Cancelled; 2020: Hope Connects the World; 2019: Service Rocks!; 2018: Planting the Seeds of Service; 2017: Doing Good in the World.



Our District Governor 2025-26

On December 3, 2022, the Nominating Committee of Rotary District 7305 met to select the Rotarian who will serve as our next District Governor Nominee Designate (DGND). After going over the applications and interviewing the applicants, the Nominating Committee selected Felicia Mycyk of the E-Club of Rotary District 7305 as the DGND. This commences a multi-year period of training for Felicia to become the District Governor of Rotary District 7305 during the 2025-2026 Rotary year.

Felicia started her Rotary career in the Rotary Club of Ambridge back in 2010. After actively participating on several club committees and club projects, she was elected Club President in 2016-2017 and 2017-2018.

She has been identified as an Emerging Rotary Leader and has, as such, been selected to participate in several Zone Summits.

In 2017 Felicia was named our District Public Image Coordinator. In this position she has presented at several district and Zone events. She also served as an Assistant Governor from 2018 to 2021.

In 2019, she left the Rotary Club of Ambridge to become part of the newly formed E-Club of District 7305. Here she served as Club President 2019-2020 and 2020-2021.

In addition to new having been named our District Governor Nominee Designate, she will serve as our Rotary Zone's Assistant



Felicia Mycyk of the D7305 E-club has been selected to serve as our District Governor in 2025-2026. One of the many things Felicia has done outside Rotary is to coach football. Recently, in cooperation with the Steelers organization, she has launched a flag football program.

Rotary Public Image Coordinator (ARPIC) for a year starting July 1, 2023.

Felicia is a multiple Paul Harris Fellow and strongly believes in the great work that our Rotary Foundation does thanks to our continued support.

Outside of Rotary, she has a passion for football and coaching sports. From 2013 to 2018 she was the first female High and Middle School Football coach for Moon School district. She was also hired as Varsity Track & Field Hurdle

Coach. In 2016 she was recognized as a first female football coach and was featured in Esquire Network's docuseries "Friday Night Tykes."

In 2018 she was hired as head high school Track & Field coach for Ambridge High School. She started with a team of 10 student athletes. In one year, she grew the program to over 100 athletes. Each year since, the team has grown and has maintained retention of current members.

In 2022 Felicia partnered with the Pittsburgh Steelers to launch the High School Girls Flag Football league.

Congratulations Felicia and best of luck with your new appointment!

A flyer for a girls flag football program. The top half features a photograph of two girls in yellow and black uniforms playing flag football on a field. Below the photo, the text reads: "HEY GIRLS... PLAY FLAG FOOTBALL THIS SPRING!". It includes a "Sign Up" button, a "Want more Info? Get on list" button, and a QR code. At the bottom, it provides the email "fmycykeambridge.k12.pa.us" and the website "www.ambridgebridgers.org".

Newsletter Materials:

If you have text and pictures from an event or project that your club has arranged or participated in, please send your text as a Word document, or as plain text in an email.

Pictures should be sent as single picture files in the png, jpg, or pdf format.

Bulletin Board Materials:

If you want to promote an upcoming event or project that your club is putting on, please send a completed US Letter sized flyer (8.5" by 11") as a pdf, jpg, or png file.

If that's not an option, I can usually work with a flyer created in Word.

I am looking forward to receiving lots of materials in 2023!



Breakfast With Santa

Instead of sleeping in, 19 Gateway High School Interact students spent a Saturday morning in December volunteering the annual Breakfast With Santa at Forbes Regional Hospital. “They were here on time, ready to go, ready to work,” Rotary Club of Monroeville member Sue Cox said. “We love partnering with them, teaching them the value of community service at a relatively young age.”

“This is the first time since the pandemic that we’re able to get these families together and share in the community we have,” Dr. Mark Rubino, Forbes president, said. “Rotary does a great job in supporting our hospital, and we’re very pleased to be able to partner with them on an event like this.”

Cox has helped coordinate the breakfast since it began about a decade ago. Succeeding her as the Rotary’s liaison with the hospital is Dr. Tinamarie Estes, director of nursing.

During the event on December 10, children and their families had the opportunity to visit with Santa Claus and Buddy from the popular holiday movie “Elf.” Gemma Stemley provided seasonal music on the flute, and Barb English brought books from Monroeville Public Library to read to youngsters.



Top: Jordyn Weatherspoon sleeps as her mother, Marissa, attempts to introduce her to Santa Claus during the Rotary Club of Monroeville’s Breakfast with Santa on December 10.

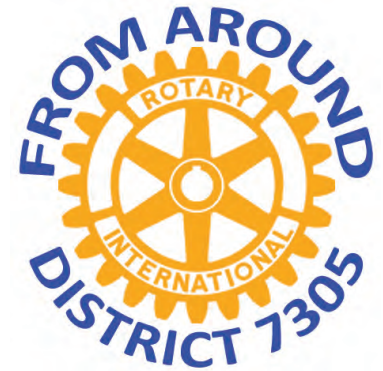
Above: Nello Warning smiles while being held by grandmother Valerie Warning, a Monroeville Rotarian and Gateway school board member, during Breakfast with Santa.

Text & pictures by The Tribune-Review



Just before Christmas, Anita Kulik presented a check to the Carnegie Police Chief Jeffrey Kennedy on behalf of the Parkway West Rotary Club. The Club raised money at their Golf Outing this past summer to help the Carnegie Police purchase a motorized bike for the department. Also present at the ceremony were Carnegie Manager Steve Beuter and Carnegie Administrative Assistant Daneen Underwood.

Text & picture courtesy of Anita Kulik



Members of the Rotary Club of Uniontown donated over 50 coats to Lafayette Elementary/Middle School students. Principal Lauren Clemmer said the coats would be given out to students before the holiday break and is a great help to students in need!



The members of the Moon Township Rotary celebrated the Christmas season with their annual Christmas dinner on December 13. Musical entertainment was provided Michael Duncan on the keyboard and Isaac on the viola. Members enjoyed a delicious meal and ended the night with the traditional Christmas Carol Sing-a-Long.

Golf in November?

The Rotary Club of Bethel-St. Clair's (BSC) second annual Golf N'Nat charity outing held at TopGolf Pittsburgh in November was a great success.

The BSC Rotary Club decided to execute this new charity fundraising project through their club's Rotary Foundation since TopGolf provides significant discounts to certified 501(c)(3) organizations who sponsor fundraising events at their venues. It provides a win-win opportunity for TopGolf to be recognized as a major sponsor of the event.

Another benefit of scheduling a golf outing at TopGolf is that it can be held at any time of the day as well as any time of the year. This gives you the opportunity to have a golf outing when no-one else does! Furthermore, as Sam Provil – BSC Rotary Golf N'Nat Chair – states: "This may be the only golf outing you attend where everything starts & finishes on-time."

This was the program for the evening:

- 6:00 PM: Pittsburgh TopGolf Signature Room opens for registration and meet & greet.
- 7:30 PM: Top Contender tournament play begins with team competition in TopGolf bays.
- 9:30 PM: Top Contender tournament ends with all activity winners announced in the Signature Room.
- 10:00 PM: Golf N'Nat charity outing event and TopGolf Signature Room Close: event complete.

The Signature Room serves as the event's general assembly area as well as the center for all Golf N'Nat charity outing activities, including attendees' registration, bar, meet & greet/social networking, putting contest, raffle ticket sales, Chinese auctions, silent auctions, food buffet, dining tables, and a BSC Rotary Continuous Scrolling PowerPoint Presentation on multiple TopGolf Monitors throughout the evening.

The TopGolf Top Contender tournament play involves two hours of competition among the event's teams, which are assigned to individual bays with each team having up to six players and two spectators per bay. Scoring of



Top: Jim Bolas and Sam Provil handing out the 1st prize to team McMurray Marauders. Top right: Tracy Estabrook providing putting contest instructions. Above: Sam Provil handing out the 2nd prize to team Questmark.

each team, as well as individual players, is maintained by TopGolf's computerized Top Contender Tournament System. Cash prizes are awarded to the top three teams.

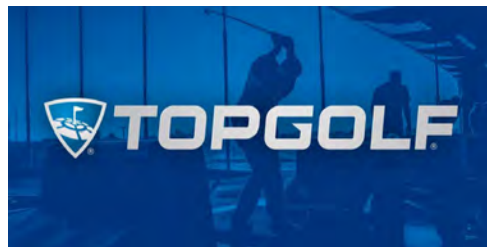
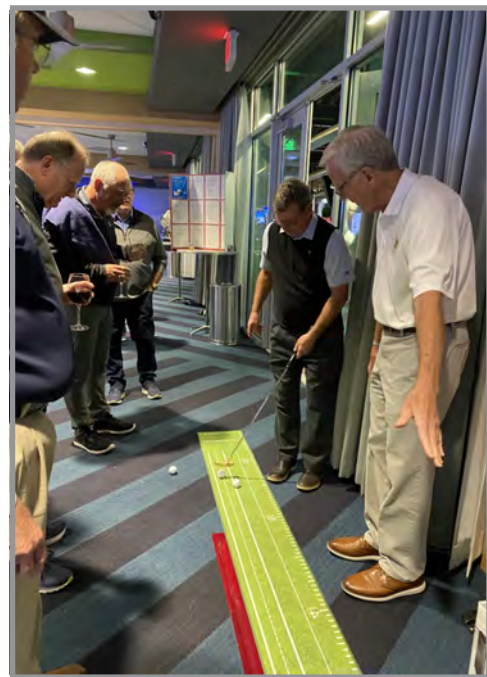
This year's winners were:

1. "McMURRAY MARAUDERS" sponsored by the McMurray Rotary Club – Score of 269.
2. "QUESTMARK" sponsored by CentiMark Corporation – Score of 258.
3. "SHIM" sponsored by Santori & Peters, Inc. – Score of 210.

McMurray Marauders were also the champions of last year's outing. In fact, not only did they repeat their championship, this year's MVP is the same individual from last year; McMurray Rotarian Ovi Munciu, who earned 211 of the team's 269 points (compare Ovi's individual score to the third place team's total score...)

There were, of course, other individual winners that evening, including the putting contest, 50/50 raffle, as well as numerous Chinese & silent auction items.

The club would like to recognize the following individuals/organizations for their golf bay contribution & team participation, including CentiMark Corporation, McMurray Rotary Club, George Washington Hotel,



Heather & Herman Dieckmann (BSC Rotarians), Tim Donovan (BSC Rotarian), Hoffman Drug Store, Rupp & Fiore Insurance Management, Members of the St. Louise Men's Golf League, Santori & Peters, Inc., Stifel Financial Corp., Tier One Technologies, and Truefit.

The club thanks their Major Sponsors: Stifel Financial Corp. and TopGolf Pittsburgh, for their Gold Level contributions. They also thank their Silver Level contributors: Friendship Village of South Hills, SSB Bank, Chippewa Golf Club, Lindenwood Golf Club, and Rolling Green Golf Course.

Last, but not least, they are thankful for the professional guidance & support of the TopGolf Pittsburgh team. And they are especially thankful for their team of BSC Rotarians, including spouses & family members, who volunteered their "Service Above Self", for the successful outing.

So, be sure to highlight the first Thursday in November on your calendars for all future Rotary Club of Bethel – St. Clair Foundation - Golf N'Nat Charity Outings. It's Like Golfin' Dahntahn. And, Yinz'll Love It!

Text & photos by Sam Provil

Birthday Donations for Rotary

Gene Doria and Don Yoder celebrated 150 years of life recently - 80 and 70, respectively - and decided to throw a birthday bash to honor their milestones with family and friends.

Gene turned 80 on July 11 and Don turned 70 on September 23.

Gene and Don's friendship of nearly 50 years also includes their mutual membership in the Belle Vernon Rotary Club; Don since 1979 and Gene since 1984.

The party resulted in a highly attended event at Vinoski Winery on September 23, and the invitation requested that there be no presents. However "if you must," guests were asked to make a monetary donation to the Belle Vernon Rotary club.

That request benefited the club in a big way: \$3,000 in donations were collected in birthday cards from the 300 people in attendance. Of those, \$2,000 was forwarded to Florida Rotary District 6960 for relief to Hurricane Ian victims, and \$1,000 will be used for the club's projects in the local area.

By Stacy Wolford, Mon Valley Independent



When Belle Vernon Rotarians Gene Doria turned 80 and Don Yoder turned 70, they celebrated their milestones with some 300 friends at a local Winery. The couple asked that guests, in lieu of gifts, make donations to Rotary. The result was about \$3,000 that was split between the Florida Rotary district 6960 Hurricane Relief Fund and the Belle Vernon Rotary club.

Holiday in the Hills

The Rotary Club of Pleasant Hills was pleased to participate in the first annual "Holiday in the Hills" event at the Jefferson Hills municipal complex on December 3rd. Club members distributed over 200 Rotary Cares car seat packets to protect the welfare of children in the event of a car accident. Great big thanks goes out to Lisa Winkleblech Hurley and Steve Slater for all their efforts!

The Mayor, Carrie McCafferty, the borough staff, police department, first responders, recreation board, and volunteers really knocked it out of the park!

The band, Strumburg, comprised of Thomas Jefferson High School grads, along with music teacher Ray DeFede, did a fantastic job. Weiss Meats' offerings were delicious and received rave reviews!

The face painter didn't even take a break and worked for five hours straight! What a great way to kick off the holiday season!



The face painter at the "Annual Holiday in the Hills" event was very popular. Pleasant Hills Rotarians Darlene Kruth (below left), Lisa Winkleblech Hurley, and Steve Slater manned the Rotary table and distributed 200 "Rotary Cares" car seat packages. Text & pictures by Darlene Kruth



At the Monessen Community Christmas Celebration on December 3rd, Monessen-Rostraver members Lauren, Michelle & Candice were making reindeer food with children who visited the Rotary table in the library.



Ebensburg Rotary Club members Jim White, Phil Smakula, and Tim Sloan appreciated the assistance provided by Central Cambria Girls District 6 Champions tennis team players Megan Meckley, Rylee Baxter, and Ella Persio in handing out free hot cocoa for Ebensburg's Dickens of a Christmas on December 4th!



Twelve InterActs of Kindness

Throughout the month of December, the Greater Johnstown High School Interact Club spread joy throughout their school and community with 12 InterActs of Kindness. These acts were based on Rotary's Seven Areas of Focus: Promoting Peace, Fighting Disease; Providing Clean Water, Sanitation, & Hygiene; Saving Mothers & Children; Supporting Education; The Environment; and Growing Local Economies.

The Interact club does their best each year to create projects and/or volunteer with an organization that promotes one, or many, of these areas of focus. Their members feel excited and privileged to be able to implement these Acts.

This year's InterActs of Kindness were:

1. Holiday cards for Veterans to be distributed to VAs throughout Western PA.
2. Provide donuts and coffee to school building janitors, secretaries, and maintenance staff.
3. Serve holiday lunch to residents of Roxbury Apartment complex.
4. Bell-ringing for the Salvation Army alongside Johnstown Rotary Club.
5. Bake cookies for first responders at the West End Ambulance service.
6. Winter coat and clothing distribution through the "I Am Not Lost" initiative.
7. Read to preschoolers at Morrell Preschool in Cambria City.
8. Provide helping hand with toy distribution/organization through Santa Fund.
9. Building-wide "Pride & Tradition" dress down day with donations going to the Rotary Foundation.
10. Jim Mayer Riverwalk Trail clean-up.

kind·ness

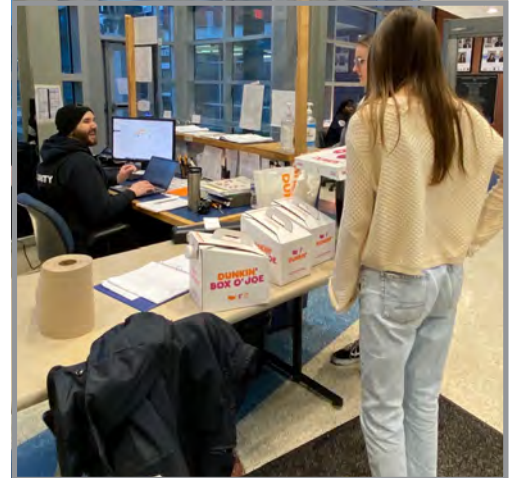
/ˈkɪn(d)nəs/

(n.) a simple way to tell another struggling soul that there is love to be found in this world.



JHS Interact students have been doing 12 InterActs of Kindness this Holiday season. Top right: Distributing meals at the Roxbury Apartments, an affordable senior housing unit in Johnstown. Above right: Delivering coffee and donuts to the office and maintenance staff at their school; Above: Distributing winter coats and other clothing through the "I Am Not Lost" initiative.

11. Backpack Project meal packing and organization.
12. Collect and donate items for local Women's Help Center.



Greensburg Rotary Clock

The Rotary Club of Greensburg is in the process of renovating their Town Clock. New lexan lenses need to be installed. Rocky Mountain Garage has done a great job on refurbishing the clock. There is still the job of having the internal lighting upgraded to LED and accent golf paint applied to the base, column and top of the clock. Work should be completed in time for the clock to be re-erected in January, 2023



Dictionaries and More

When the Rotary Club of California distributes dictionaries to third graders, they also reach out to their local Kindergarten students.

In order to promote and instill a love of reading, the club distributes the book "I Like Me" to kindergarten students in the California Area School District. By doing this, they ensure that, when they reach third grade, the students will be ready and able to use the dictionaries that so many of our district's clubs are providing to their local schools.

It's a great marriage of two projects that share the same goal, but use two different approaches.

"I Like Me" Program Facts:

What:

Often referred to as a "good citizenship" program, *I Like Me!* communicates anti-drug and anti-gang messages, and illustrates gender sensitivity, cultural diversity and the inclusion of people with disabilities. Since 1993, over a half million children around the world have participated in *I Like Me!* The *I Like Me!* program is a research-based, personalized program for children preschool through grade two that was developed to:

- Instill a love of reading.
- Foster positive self-concept.
- Create positive associations toward school and learning.
- Help build character.
- Encourage positive and acceptable behavior mannerisms.
- Promote interaction among children, parents, educators, businesses and other positive facets of the community.

Why:

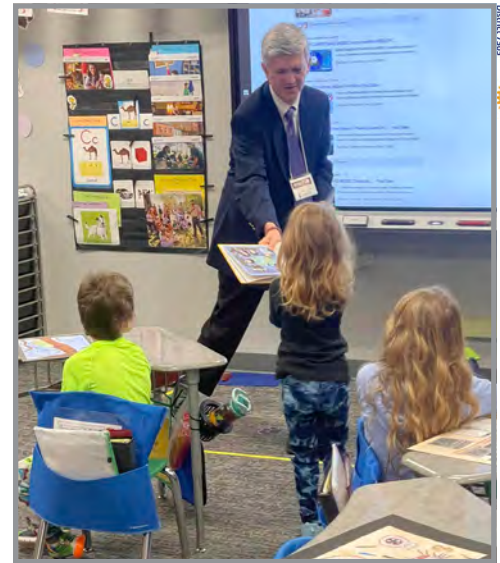
- Seventy-five percent of 4th graders cannot meet expected reading standards.
- Good reading habits must be instilled in our children as early as possible.
- Learning during the critical early learning years impacts the child's entire lifetime.
- Low self-concept in children tends to hinder reading development.
- Children who encounter reading difficulties tend to experience self-concept decline.

For more information:

ilikeme.org



Rotary Club of California Club President Brett Vaderlaan was one of the Rotarians who distributed books to California Area School District third graders and Kindergarten students.



In mid December, the Rotary Club of Johnstown-Sunset hosted a wrapping party. They may be a small club, but they pull together and get projects completed. Gift bags for Hospice and gifts for their adopted family from the Women's Help Center.



The Rotary club of Waynesburg participates in the Salvation Army Angel Tree project every year. On December 12, 2022 they delivered gifts for 20 local children in the hopes they can make their Holiday just a little brighter!

Ring the Salvation Army Bells to Fill the Red Kettles

Every December, many, if not most, of the Rotary Clubs in our District take time to assist their local chapter of the Salvation Army. The December drive for donations is especially important to our local Salvation Army, as every dollar raised during this time is retained by that local chapter.

Come sun, rain, or snow, count on Rotarians to show up and, with a smile, do what we do best: provide Service Above Self!



Clockwise from top center: RC of Belle Vernon was joined by the Belle Vernon and Frazier Interact Clubs as they rang the bell at the Belle Vernon Walmart;

One of Santa's reindeer (Tom Yoder) showed up to assist with the Belle Vernon bell ringing;

Current and future Rotarians showed up for the RC of White Oaks as they rang the bell for the Salvation Army McKeesport Corps;

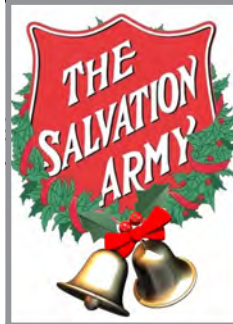
RC of Pittsburgh North Side members Colleen Ditillo, Erin Conley, and Michael Delie had some help from Santa (Wayne Alling) and his K-9 friend;

RC of Johnstown Club President Michelle Petrell got some assistance from the JHS Interact Club;

Julie and John Coyle joined Santa (Shawn Goughnour) to ring the Salvation Army bell at Boscov's in Johnstown;

Waynesburg Rotary Club Ringers and the Greene County Fair Pageant and Miss Rain Day pageant. Both Queens helped with the bell-ringing at the Greene County Service Center;

Rick Porach, Club President Steve Burkett, and Sandra Reholz ringing the bell for Green Tree Rotary at Giant Eagle on Cochran Road.

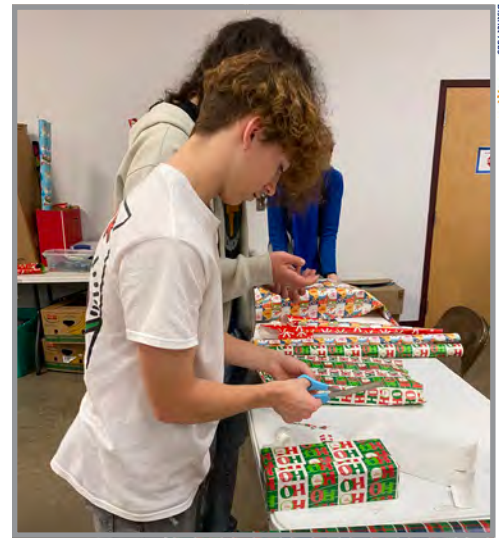


Toys for Children

Members of the Rotary Club of Waynesboro PA were supported by the Beta Sigma Phi Sorority and several helpful Walmart staff members as the club's annual Toys for Children project got underway on Sunday December. 5. The Rotary Club will help Santa fulfill the wishes of 102 Waynesboro children.

Club members and Waynesboro Area Senior High School volunteers got together during the last couple of weeks before Christmas to assist Santa by wrapping gifts and assuring that toys were delivered to children in time for Christmas Eve.

Pictures & text courtesy of RC of Waynesboro



Above center: Waynesboro Rotarians Ann Dedona, Denny Koons, Ruth Strausbaugh, Peggy Corley, Terry Eisenhauer, Linda Bennett, Julie Mummert, Walmart staff friends, Derek Furry, and Tracy Holliday getting ready to fulfill the wishes of 102 Waynsboro children.

Above right: Waynesboro High School Honor Society students assisting with the wrapping of 102 gifts.

Penguins Rotary Night

On Saturday, December 10, 64 Rotarians, friends, and family attended the Penguins' home game against the Buffalo Sabres. The afternoon was a great success, not only for Rotary with a part of the ticket price being donated to The Rotary Foundation, but also for the Penguins who won the game 3 to 1.

If you missed this game, you'll have another chance on Sunday, April 2 when the Penguins will host the Philadelphia Flyers. Let's show up en masse to support our own hockey team as well as our Rotary Foundation. This will also be one of the last games of the Penguins' regular season as it ends on April 13 with an away game against the Columbus Blue Jackets.



Above: In mid-December, the Rotary Clubs of Turtle Creek Lunch/Satellite and Braddock arranged a joint celebration with Santa Claus. Below: Rotary day at the Penguins on Saturday, December 10.

BENEFITTING THE ROTARY FOUNDATION

HOCKEY GAMES

2022-2023

TICKETS STARTING AT **\$60**

SATURDAY, DECEMBER 10, 2022

SUNDAY, APRIL 2, 2023

THE ROTARY FOUNDATION



Rotaract Breakfast with Santa

The Rotaract Club of Delmont-Murrysville hosted their first official fundraiser in December: Breakfast with Santa Claus. It was a huge success and the attendees enjoyed the fellowship.

The club would like to extend their gratitude for the support received from Walmart and Busy Beaver in Delmont, Sam's Clubs in Greensburg and Pittsburgh Mills, and Giant Eagle Market District in Murrysville.



Above: Children and pets all enjoyed the Breakfast with Santa Claus arranged by the Delmont-Murrysville Rotaract Club on December 17.

Below: Crafton-Ingram Rotarians Dennis and Linda Piper, JoAnn Hall, Amy Zukauckas, Sharon Wilson, and Joe Orbovich delivered presents to over 50 residents of the Ingram Merakey campus on December 18. They were excited to return to sing and greet the residents. A BIG thank you to the staff at Merakey for all the work they do.



Right: On December 15, The RC of Belle Vernon honored their Student of the Month recipients of the fall semester from the Belle Vernon Area and Frazier school districts; The recipients were: Sienna Lehner, Christina Dinh, Francesca Scaramucci, Jacob Wessel (not present), Brittany Thomas, Morgan Patterson, Jensen Hartman, and Kacie Lombard.



Is Santa Claus a Rotarian?

There has long been suspicion that Santa Claus is a Rotarian.

Therefore efforts were put by PDG Chris Offer to discover the truth!

So, Santa needs a Rotary club if he is a Rotarian. Chris checked the International Directory and then the RI web site for Where Clubs Meet. Sure enough, he found a possible club. The Rotary Club of North Pole is in District 5010, Alaska, located near Fairbanks. This is a smidgen baffling since everyone knows the real North Pole is in Canada. Santa may prefer to be in the warmer south of Alaska rather than the north. He could also be a member of an E-club but Chris doubts that as he clearly likes Rotary lunches.

Next Santa would need a classification. There are several possibilities, Toys-Export, Reindeer-Teamster, Counsellor Pre-Adolescent Behavior, Toys-Manufacturing or Elf Management. All valid classifications. There is no indication of a Rotary pin on his jacket but it could be concealed under all that fur trim. If Santa is a Rotarian, he plainly is a 100% attendee and has never missed a Rotary lunch.

The real evidence is, does he act like a Rotarian? Does he put "Service Above Self?" The answer is unequivocally yes. Santa is dedicated to improving the lives of children. He is committed to bringing happiness to children around the world no matter what race, religion,



Is Santa Claus a Rotarian? Some people seem to think so. Just ask Santa himself (AKA Craig Henningham).

creed or ethnic group they are from. He distributes tens of thousands of books to children to increase literacy and he gives gifts of toys that stimulate young minds to achieve their full potential. He volunteers as a mentor, spending countless hours at shopping malls listening to children's secret wishes. Santa without question works to realize the Object of Rotary.

The only conclusion that has been reached is, "Yes, Santa Claus is a Rotarian!"

Let's hope that he attended a make-up meeting at your club this year!

By PDG Chris Offer, D5040 - RC of Ladner (Delta, BC) Canada

The Three-Way Test?

In Rotary, we have The Four Way Test:

1. Is it the TRUTH?
2. Is it FAIR to all concerned?
3. Does it build GOODWILL and better FRIENDSHIP?
4. Is it BENEFICIAL to all concerned?

According to legend, Socrates, a Greek philosopher from Athens who is credited as the founder of Western philosophy and among the first moral philosophers of the ethical tradition of thought, had his own version called The Three Sieves.

In Ancient Greece he had a great reputation of wisdom. One day, someone came to find the great philosopher and said to him:

- Do you know what I just heard about your friend?

- A moment, replied Socrates. Before you tell me, I would like to test you The Three Sieves.

- The Three Sieves?
- Yes, continued Socrates. Before telling anything about the others, it's good to take the time to filter what you mean. I call it the test of The Three Sieves. The first sieve is the TRUTH. Have you checked if what you're going to tell me is true?

- No, I just heard it.
- Very good! So, you don't know if it's true. We continue with the second sieve, that of KINDNESS. What you want to tell me about my friend, is it good?

- Oh, no! On the contrary.
- So, questioned Socrates, you want to tell me bad things about him and you're not even sure they're true? Maybe you can still pass the test of the third sieve, that of UTILITY. Is it useful that I know what you're going to tell me about this friend?

- No, not really.
- So, concluded Socrates, what you were going to tell me is neither true, nor good, nor useful. Why, then, did you want to tell me this?

"Gossip is a bad thing. In the beginning it may seem enjoyable and fun, but in the end, it fills our hearts with bitterness and poisons us, too!"



Rotary





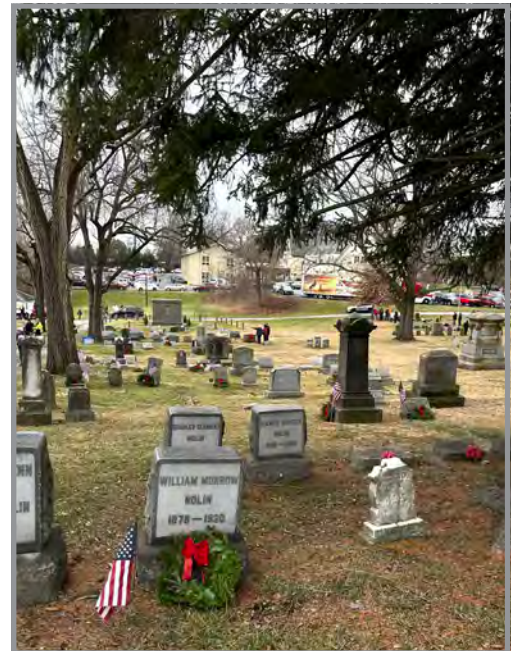
Wreaths Across America

When the Wreaths Across America official page calls, members of the Upper St. Clair-Bethel Park Breakfast Club answers!

On Saturday, December 17, club members - along side the Bethel Park Historical Society, Natalie Mihalek, Jeff Devlin, John Oaks, Jim and Lisa Jenkins, Bethel Presbyterian Church, and so many more - stopped for a moment to honor those who sacrificed so much for our country...

Wreaths Across America honors all branches of the military, the police, firemen, and health care workers. It wasn't about decorating over 750 headstones in this cemetery alone. It was about speaking their names and letting them know that we will never forget the sacrifices made.

The club also participated in the Adopt-A-Family program that connects sponsors with families to "adopt" by providing them with a family profile and wish list. Sponsors then buy presents for their specific families.



Above: Upper St. Clair-Bethel Park Breakfast Club members participated in the Wreaths Across America project in December.

Below: The club also participated in the Adopt-A-Family program that pairs donors with a family and their Christmas wish list.



President Elect Training

Preparing to be a club president in 2023-24? Don't forget to complete your Club President Basic and Club President Intermediate learning plans or series of courses.

Club President Basic: <https://my.rotary.org/learn?deep-link=https%3A//learn.rotary.org/members/learn/lp/442/club-president-basics>

Club President Intermediate: <https://my.rotary.org/learn?deep-link=https%3A//learn.rotary.org/members/learn/lp/443/club-president-intermediate>

If you've never been to the Learning Center, take these steps:

1. Go to rotary.org/learn
2. Log into your My Rotary account
3. Accept the privacy policy
4. Select Club Leadership on the Course Catalogs page
5. Look for your role in the tiles and select a tile
6. Select the Enroll button and then select Let's Begin
7. Select the course you'd like to take first

Being well prepared will let you get the most out of your in-person PETS training. *From rotary.org*



On December 19, White Oak Rotarians collected another 1,906 pounds of plastic to recycle. To date, the club has recycled 3,656 pounds of plastic to support their upcoming community projects in the spring of 2023. A special thank you to Minnick Electric for their help to transport 160 bags of plastic! If you're interested in learning more, join the White Oak Rotary Club at one of their meetings in January! The club meets Thursdays at 6:45 PM at Penn State Greater Allegheny, 4000 Broadway Avenue in McKeesport.

Governor Elect Training

As our Club Presidents Elect are getting ready to train for their upcoming year as Club Presidents, our District Governor Elect John Hartman and his partner Jenny are heading to Orlando, FL to attend the International Assembly (IA) and train for the upcoming Rotary year.

IA gives incoming district governors the chance to share ideas for

strengthening clubs and improving communities with Rotary leaders from around the world.

Keynote speakers and informative presentations inspire and prepare the Governors Elect to lead their district successfully. Breakout sessions at IA will, among other things, introduce new ways of creating positive change.

Best of luck to John and Jenny as they embark on this Rotary mission!

PREPARING TO BE A CLUB PRESIDENT

This is a self-guided journey that you can choose to follow, adjust, or use to create your own path to prepare for leadership as club president. You will also use your own prior knowledge and experience, as well as other district resources, to help you prepare for a successful year.

@ LEARN ONLINE

- Access the Learning Center
 - Club President Basics Learning Plan
 - Club President Intermediate Learning Plan
- Explore other courses and learning plans based on your needs

LEARN TOGETHER

- Attend president-elect training seminar (PETS)
- Attend district training assembly
- Participate in vibrant club workshop
- Participate in RI, zone, or district opportunities

WORK TOGETHER

- Shadow your current president
- Meet with your assistant governor
- Meet with other presidents-elect or presidents in your area
- Plan and execute club assemblies

PLAN

- Set goals in Rotary Club Central
- Complete Club Health Check
- Use tools on Membership page of My Rotary
- Work with your members, board, and committees on initiatives, events, and goals

Throughout this journey, don't forget to take time to reflect on what you've learned and evaluate how you are doing by asking others to provide you feedback so you can continue to learn and grow throughout your year in office.

Melbourne? Seven Reasons!

Here are seven reasons why you'll want to attend the 2023 Rotary International Convention in Melbourne.

You'll (re)connect with the Rotary family.

The last Rotary International Convention, in Houston, was proof there's nothing like connecting face to face. But for many Rotary members in the Asia-Pacific region, where COVID-19 restrictions complicated travel plans, Melbourne will be their first in-person convention in four years. With five districts (representing more than 250 Rotary and Rotaract clubs) across the state of Victoria hosting the event, it's sure to be a big reunion.

You'll explore the world - all in one place.

The convention is the best way to appreciate Rotary's global scale and reach, says Rebecca Fry, founding chair of RYLA (Rotary Youth Leadership Awards) Oceania and charter president of the Rotary Club of Social Impact Network, New South Wales. "The House of Friendship is a true festival of Rotary, showcasing our organization's fellowships, action groups, and community projects from around the world."

You'll discover cities within a city.

The coastal metropolis is known as the Australian capital of culture, food, sports, architecture, and theater. It's also a shopping mecca.

Mary Barry, chair of the Host Organization Committee, proudly notes Melbourne's regular recognition as one of the world's most livable cities. It is a family friendly place where visitors will feel instantly welcomed and at ease.

"The city looks after its tourists with excellent public transport to unique attractions," says Roslyn Teirney, an assistant Rotary public image coordinator for Zone 8 and a member of the Rotary Club of North Hobart, Tasmania.

You'll be inspired.

Rotary conventions are all about an exchange of ideas. And each year's gathering brings you big name speakers to inspire, connect, and spur solutions to the world's toughest challenges. Just look at



Here are four adoring reasons to attend the Rotary International Convention in Melbourne, Australia: Where else would you get a chance to see koalas, wombats, platypuses, and kangaroos?

the list of some past speakers: Bill Gates, Justin Trudeau, Mikhail Gorbachev, and Princess Anne of the United Kingdom. "While still early to announce 2023 program highlights, be assured only outstanding international speakers will take part," says HOC Chair Barry.

You'll get your kangaroo fix.

Experience quintessential Australia with a visit to the Melbourne Zoo for a close-up and safe encounter with some of the world's most unusual, cute, and dangerous species - kangaroos, koalas, snakes, spiders, crocodiles, wombats, and platypuses. Just 13 miles northeast of Melbourne's central business district, the Gresswell Forest nature reserve provides spectacular sightings of eastern gray kangaroos, says Jennifer Scott, a past district governor and member of the Rotary Club of Central Blue Mountains.

Need more cuteness? Head to Phillip Island, 75 miles southeast of Melbourne, and check out the largest colony of little penguins in the world.

You'll feel energized.

Looking for a place to hang out with all your new Rotary friends once the day is over? Melbourne has endless options. Laura Telford, chair of the Rotaract Australia multidistrict information organization and member of the Rotaract Club of Canberra, describes Melbourne

as another of the famous cities that "never sleep."

"Visitors will enjoy jumping on one of more than 475 trams that cover 250 kilometers [155 miles] of track to take you to every corner of this exciting city."

You'll want to see more of Australia.

While the distance can be a challenge in traveling to Melbourne, visitors may fly in to Sydney, Brisbane, Darwin, or Perth to make the most of a unique travel opportunity by seeing other parts of Australia. "The Great Barrier Reef, Uluru and the Red Centre, our tropical north, and the rugged coast of Western Australia all present memorable sightseeing experiences," Scott says.

From rotary.org



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 District Secretary: Sandra Rebholz
 District Office: 412-429-7305
 district.secretary@rotarydistrict7305.org
 Visit us on Facebook
 www.rotarydistrict7305.org

POLIO IN NUMBERS
Wild virus confirmed cases in 2022
Global Total: 30 (2)
Wild virus detected from other sources in 2022
Global Total: 47 (66)
As of November 22, 2022. Numbers in brackets represent data as of the same date 2021.

Rotary's Four Way Test
 Of the things we think, say or do:

1. Is it the **truth**?
2. Is it **fair** to all concerned?
3. Will it build **goodwill** and **better friendships**?
4. Will it be **beneficial** to all concerned?

New Year Thoughts From Paul Harris

In 1916, Rotary founder Paul Harris shared his thoughts about the organization in an article titled "The Future of Rotary," published in The Rotarian. Addressing the Rotary world, Harris concluded the short piece with wishes for the new year. As the year 2023 is about to begin, consider his words:

"I wish you all of the prosperity which your good deeds merit.
 May all things you ought have be yours.
 May your charities rank among your necessary expenditures.
 May you not fall into the popular error of thinking that happiness is to be found in outdoing your neighbors.
 May it always be yours to look beneath the veneer of life to the solid substance which lies beneath.
 May you be builders, not mere climbers.
 May you be able to appraise life's blessings at their real worth.
 May you be free to act in accordance with the dictates of your own conscience and good judgment.
 May you not be slaves to meaningless customs, social or otherwise.



In 1916, Paul Harris shared his thoughts and wishes for the new year 1917. Much, if not all, of what he said over 100 years ago still rings true to Rotarians from all corners of our world. Paul Harris was a true visionary!

May you shun the groove followers.
 May you have vision to discern the right and health, strength and will to do it.
 That is to say, I wish you a happy New Year."

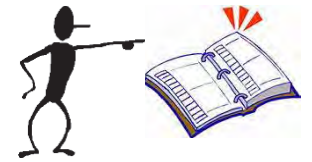
THIS PARALYTIC DISEASE PEAKED IN THE U.S. IN THE 1950s, CLOSING SWIMMING POOLS & MOVIE THEATERS

Answer: "What is Polio?" This clue is often on Jeopardy. One may wonder if someone on their writing staff has a polio survivor in their life...

END POLIO NOW



SAVE THE DATE



SAVE THE DATE – TBD

MID-YEAR REVIEW



D7305

SAVE THE DATE – FEBRUARY 11

**MEMBERSHIP SUMMIT
LOFT CONFERENCE CENTER, GREENSBURG**



SAVE THE DATE – JUNE 23-25

**DISTRICT 7305 CONFERENCE
STATION SQUARE**



SAVE THE DATE – MARCH 3-5

**PETS PRESIDENT ELECT TRAINING SEMINAR
PENN STATER**



SAVE THE DATE – MARCH 26

THE ROTARY FOUNDATION LUNCHEON



SAVE THE DATE – APRIL 29

**DISTRICT ASSEMBLY FOR DGE JOHN HARTMAN
DETAILS FORTHCOMING**



SAVE THE DATE – AUGUST 7

**DISTRICT GOLF OUTING
INTRODUCING DG JOHN HARTMAN
WESTMORELAND COUNTRY CLUB**

